

Tomaree Triathlon Club

Volunteers & Marshalls

TTC is a community sporting club, reliant on the collaboration of members and friends to organize and run the monthly club races that attract participants from far and wide. It has a reputation for encouraging & welcoming new members of all abilities & background, fostering a grass roots culture that encourages participation above all else.

Just like our competitors on race day, marshalling and other volunteering roles require no prerequisite skills or experience. The only limitations are placed on bike and run course marshalls, who must;

- be at least 18 years of age
- hold a current drivers licence, and
- be in possession of a mobile phone whilst marshalling

All volunteers will be briefed by a race day co-ordinator on race day, to ensure each feels confident and supported in performing the role.

Our marshalls and volunteers also have the opportunity to prepare for their role in the upcoming race by downloading the appropriate brief below;

In keeping with the spirit of participation, all club members are asked to contribute for a volunteer and/or marshalling role *on at least one* occasion throughout the season. Members are asked to nominate a race date and preferred role when filling the online member registration form. Once the nomination is made, the responsibility rests with the member to either fill the role themselves on the day, or arrange for a friend or family member to fill the role. Whilst we expect members to nominate for at least one race, we encourage all volunteers to nominate as often as is possible.

A season duty roster for 2010-2011 is maintained here on the TTC website as a reference. The duty roster details all the marshal/volunteer roles for each race, and the names of volunteers.

Further, we also encourage family, friends and members of the wider community to involve themselves with the club through volunteer race day roles. It is important to recognize that having

an official race day role not only ensures a safer and smoother race experience for competitors, but should also be a positive experience for all volunteers. It's an opportunity to make a very real contribution on race day and perhaps learn a little more about triathlon through different eyes.

Non members wishing to nominate for a race day role should email the Marshall Co-ordinator at info@tomareetriclub.org.au

In the absence of the requisite numbers of volunteers on the duty roster for a particular race, the race director will, prior to the race brief, call for additional volunteers from race participants and others present. If further volunteers are still required following this, numbers will be drawn randomly from a bucket containing all race numbers for the remaining roles.

Marshalling Descriptions

Run/Registration Marshall Summary

- 6.30 am start – finish once all competitors have completed the course
- Marshall will receive pre race brief by the run leg co-ordinator
- Assist on registration table pre race. Eg. Place numbers on competitors
- Co-ordinate distribution of rear bike lights for those competitors that don't have one.

All cyclists are required to have a rear cycle light. For those that require one, a light can be purchased at registration. The registration marshall will manage this

- Fill esky with drinks and ice - these will be available for sale at the registration table pre and post race. Collect money for drinks during registration.
- Setup drinks station
 - Ensure water container is full and placed on run course drinks table
 - Ensure plastic cups are placed on table
- Stand at run turnaround during race, and assist competitors as required. Ensure all competitors safely complete the course
- Contact race director on mobile phone in the event of medical assistance being required

Timing Marshall

- 6.30 am start – finish once all competitors have completed the course
- Marshall will receive pre race brief by the timing co-ordinator
- Operate the computerised race timing system. Race numbers are simply keyed into the computer as competitors pass the timing point

Breakfast/Clubroom Marshall (x2)

- 7.30 am start – finish once clubrooms are clean and free of rubbish. Note: these marshals may be the last to leave
- TTC hosts breakfast for members and families post race in the clubrooms.
- Assist breakfast co-ordinator (during the race) with setup of breakfast including food preparation
- Ensure food kitchen and dining room are left clean and free of rubbish on completion of breakfast
 - Vacuum floors
 - Wipe down and stack tables and chairs
- Hose down bathroom floors and ensure amenities are clean and tidy
- Note: these marshals may be the last to leave

Ride Leg Marshall (x6)

- 6.30 am start – finish once all competitors have completed the course
- Marshall will receive pre race brief by the ride leg co-ordinator
- Six marshalls will be required on the bike leg of the race.
- These marshalls must hold a current NSW Drivers licence, and possess a mobile phone
- Provide on-course contact point for competitors needing assistance
- Provide ongoing guidance to competitors re race brief instructions
- Monitor compliance with race rules & NSW road rules
- Report & documents infringements and/or incidents to ride leg co-ordinator